

VICHY THERMALIA Spa Hôtel

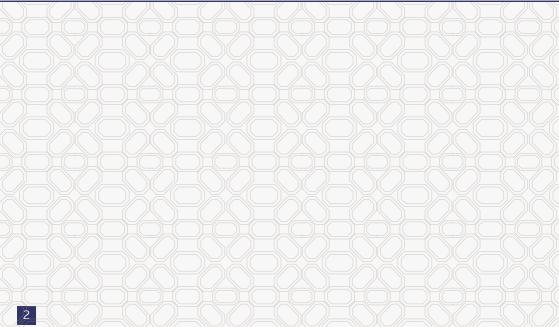
MOULAY YACOUB - FES - MOROCCO THERMAL SPA MENU 2021



Relax, awaken your body,

open a parenthesis of beauty and be in charge of your health.

Live a unique experience at the Vichy Thermalia Spa Hotel Moulay Yacoub



VICHY THERMALIA Spa Hôtel MOULAY YACOUB

THE BENEFITS OF MOULAY YACOUB THERMAL WATER

The Moulay Yacoub water starts at 1500 meter underground. It then runs from 1 to 6 kilometrers in depth and crosses lands originated from Jurassic and Trias, and then it takes its source from Moulay Yacoub village, from the heart of the hills of Rif. The water flows at 54°C and then cool down to about 38°C before being used in our thermal centre.

The benefits of the thermal water of Moulay Yacoub are very useful in rheumatology, in oto-rhino-laryngologist pathologies, but also in the treatment of joint pain. It is also recommended for its soothing virtues, due to the healthy environment of Moulay Yacoub, which is far from any pollution or stressful everyday life.

On the rheumatology side, it particularly targets osteoarthritis and chronic tendonitis. In oto-rhino-laryngologist pathologies, the benefits of the thermal water of Moulay Yacoub are particularly noticed in the treatment of rhinitis, rhino-sinusitis, pharyngitis, tonsillitis, and bronchopulmonary diseases.



THERMAL PASS TO POOL AND VAPORARIUM



Without prior reservation.

- > 180 MAD from Monday afternoon to Sunday
- > 200 MAD in high season, week ends and school vacations

Bathrobe, bathtowels and sandals offered The pools at Moulay Yacoub Thermal water are naturally hot for a complete relaxation. Vaporarium are used to eliminate toxins and free the respiratory tracts.



- > HYDROMASSAGE BATH : This hydro-massage bath by multiple jets helps relax the muscles 15 min. 180 MAD, or 200 MAD in high season, weekends and school vacations.
- TRILOGY OF "SIGNATURE" TREATMENTS : Offers you a Hydro-massage bath with Moulay Yacoub thermal water, a mud wrap with Vichy vegeto-minerals, and Vichy shower with 2 or 4 hands under a rainfall of Moulay Yacoub Thermal water. 65 min 880 MAD 2 hands / 1190 MAD 4 hands
- VICHY SHOWER MASSAGE WITH 4 HANDS "THE ORIGINAL SINCE 1896": This emblematic type of massage of Vichy is performed in a perfect synchronization by two spa technicians under a waterfall shower with Moulay Yacoub thermal water, all of this in order for you to live a unique moment.

25 min 690 MAD

- VICHY MASSAGE SHOWER WITH 2 HANDS : This remineralizing massage is performed under a waterfall of Moulay Yacoub thermal water, which offers you a complete relaxation.
 25 min 380 MAD
- VICHY SHOWER SCRUB : Due to salts from Vichy Thermal water, your skin is mineralized and exfoliated. 25 min 380 MAD
- MUD WRAP WITH VEGETO-MINERAL FROM VICHY THERMAL STATION : our mud is made of kaolin, mineral salts and seaweed of Vichy. It's then applied to the entire body for a muscular relaxation, and has an anti rheumatic and analgesic effect. 25 min 380 MAD







SIGNATURE TREATMENTS WITH MOULAY YACOUB THERMAL WATER

> BERTHOLLAIX® TREATMENT :

It's performed in an ergonomic chair, diffusing a thermic steam in the back, shoulders and hips. Its anti-inflammatory effect helps reduce rheumatic pains. 15 min 250 MAD

- > WATERMASS® : Its helps fight cellulite and excess fat, soften orange skin and redefine the figure. 25 min 430 MAD
- RENAL / LUMBAR SHOWER : Hot thermal water shower without pressure to treat sore and back pains.
 E min 140 MAD

5 min 140 MAD

- THORACIC SHOWER : For its reflexotherapy effect, the shower has a stimulating action and also fights fatigue. 5 min 140 MAD
- SUB-MARINE SHOWER : In a thermal water bath, a water jet offers you a deep massage to sooth muscular pains. It also has an analgesic and draining effect.
 15 min 250 MAD
- SHOWER WITH SHORT WATER JET : This strong water jet is so effective; it allows you to improve your toned muscle. This cure can have a relaxing, circulatory and draining effect. 6 min 140 MAD
- SHOWER WITH LONG WATER JET : This 12 minute water jet helps improve muscle tone. The pressure of the water jet can be adapted based on your objectives through a precise plan. 12 min 250 MAD
- MANULUVE PEDILUVE : A local thermal bath for hands and feet to treat rheumatism, it has an anti-inflammatory and analgesic effect. 10 min 140 MAD



DERMO-COSMETICS VICHY LABORATOIRES INSTITUTE

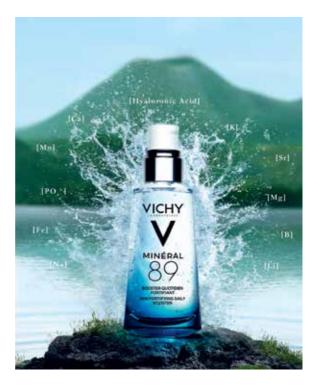


SKIN DIAGNOSTIC OFFERED WITH EVERY CARE

Everyday, your skin is altered by your environment and your lifestyle. Depending on your skin type and your lifestyle, design your personalized treatment protocol adapted to your ritual for a healthy skin that can fight pollution, stress to skin and fatigue, with our product tips, gestures and skin health.

MINERAL 89 signature care of vichy laboratoires. For every skin type, even the sensitive.

A fortified and plumping treatment with a make up remover boosts your skin resistance to elements like pollution, combining 89 from Vichy mineralizing thermal water associated with hyaluronic acid for a more healthy face.



FACE CARE LABORATOIRES VICHY

MINERAL 89 FACE AND NECK (with bath)

Anti aging face protocol, with an immersion in a mineralizing bath, followed by a technique called "Stripping" which smoothes and illuminates the skin from dead cells, and a stimulation of the micro circulation and a tonic remodeling. Your skin regains its luminous aspect with a refined skin tone.

60 min 750 MAD

MINERAL 89 FACE AND NECK (without bath)

Anti aging protocol that smoothen and illuminate your skin with a technique called " Stripping" of dead cells, a stimulation of microcirculation and a tonic remodeling, and a lifting of the face, neck, hands and arms . Your skin is more vibrant and light. 50 min 690 MAD

MINERAL 89 FACE (without bath)

Anti aging face protocol that smoothes and illuminates your skin thanks to a "skinning" technique of dead cells as well as microcirculatory stimulation and tonic remodeling. Your skin then becomes bright and luminous with a refined skin tone. 25 min 390 MAD

MINERAL FORCE CARE FOR MEN (with bath)

A specific care for men including a mineralizing bath, as well as a purifying and re-energizing care, adapted to all skin types, including those of the "3 day beard" type. Relaxing stretches and deep massages. Your skin is revitalized and your rested body is recharged with new energy. 60 min 750 MAD

> MINERAL FORCE CARE FOR MEN (without bath)

A specific purifying and re-energizing treatment for men, which is adapted to all skin types. A relaxed stretching and deep modeling, your skin is rejuvenated and charged with a new energy 50 min 690 MAD







marocMaroc is N°1 reference in luxury cosmetics in Morocco. The philosophy of the brand is to: provoke a surge of the senses, with its numerous textures and inviting fragrances. The Vichy Thermalia Spa of Moulay Yacoub invites you to discover its traditional beauty care of Morocco for an experience full of poetry and escape.

> PURITY FACIAL TREATMENT "TERRE DU DESERT" : 60 min 750 MAD

A soft gesture using hot stones, followed by a sumptuous scrub with Grains de Lumière will prepare your skin for the very purifying rhassoul mask Terre du Désert. As a finishing touch, a caress of hydration with Richesse d'Arganier.

> RADIANCE FACIAL TREATMENT "RICHESSE D'ARGANIER" : 60 min 750 MAD

Stimulating and soothing gestures. This "Radiance" ritual is a source of intense hydration for skins lacking comfort and nutrition. A gesture that alternates between stimulating and soothing movements for a fresh and relaxed complexion.

> ESCAPE HAMMAM : 60 min 750 MAD

A sensual journey to the heart of traditional Moroccan techniques, and ultra-purifying scrub using the Kessa glove combined with the generous exfoliant body balm Miel d'Ambre. Followed by a teksal moment (traditional stretching technique) with Infusion d'Orange...

> HYDRATION WRAP "ROSES DE SUCRE" : 40 min 650 MAD

Intense hydration guaranteed. A body wrap with Roses de Sucre, a rose based cream that leaves an incomparable rich feeling on the skin. Nourished and hydrated, the body is wrapped in absolute comfort and softness. A cocooning and serenity promise...

> CEREMONIAL MASSAGE : 60 min 750 MAD

A beneficial aromatic massage that releases tensions of the whole body using Onguent d'Argan, a melting and nourishing body balm with argan oil.



FACE AND BODY MASSAGES

The wellness massages have non therapeutic purposes; they are performed by a Spa practitioner to provide an absolute relaxation. The Vichy Thermalia Moulay Yacoub proposes different massages all adapted to your needs to make you live a unique moment of relaxation. For a prolonged pleasure, personalize your experience by adding 10 minutes of targeted pleasure: Head, Face or Feet - 10 min 140 MAD

> RELAXING MASSAGE :

This massage is done by alternating both strokes and pressure, to release nervous and muscular tensions. 25 min 360 MAD

> HEAD MASSAGE

For a maximum relaxation of the head and neck $25\ min\ 360\ MAD$

) BIEN-ÊTRE MASSAGE

With its long slow and upright movements, the strokes and pressures on your body, this massage eliminates stress and brings a considerable relaxation. 50 min 620 MAD

> CÉLESTINS MASSAGE

This deep massage muscle relieves tensions, ideal after a muscular effort. 50 min 690 MAD



> MASSAGE WITH HOT STONES

This calming and relaxing massage is done with hot volcanic stones which provide a relaxation for muscles and nerves. 50 min 690 MA

> QUARTS THERMALIA

A signature massage done on an inclined table on a bed of heated grains of quarts, a complete massage that focuses on the head, arms and feet. 50 min 750 MAD

) IYASHI DÔME®

It's a device with ultra violet rays that helps purify the body by eliminating toxins. The heat which goes progressively from 45° to 55° C helps improve the quality of the skin and sleep. It also helps better to recover after a physical effort. 30 min 430 MAD

> CHAFIA HAMMAM RITUAL :

Moroccan ritual in a hot steamed room, where we apply black soap, scrub with Khessa glove, ghassoul and shampooing. 50 min 400 MAD

> ANCESTRAL HAMMAM RITUAL :

This traditional ritual purely Moroccan invites you to experience a total relaxation in a hot steamed room, black soap, scrub with Khessa glove, ghassoul, massage and shampooing. 75 min 700 MAD



MASSAGES, EXPERT CARES

> LYMPHATIC DRAINAGE MASSAGE :

Manual stimulation that helps eliminate toxins and improves lymphatic circulation 50 min 690 MAD

> PHYSICAL THERAPY MASSAGE :

With our physical therapist, a personalized massage that reduces stiffness and tension throughout the body as well as pain in the muscles and joints 25 min 400 MAD

> PHYSICAL THERAPY SESSION :

With our physical therapist, a personalized physical therapy session adapted to your body. 25 min 400 MAD

> STUDIO SATISFORM :

The Satisform® centre improves your flexibility and mobility by stretching your spine. He accompanies both senior citizens and high level athletes.

Private session with a coach: 30 min 450 MAD

Active pack courses (in groups): 30 min 150 MAD



PHYSICAL ACTIVITIES

- Group class in Fitness room 45 min 150 MAD
- Group class in swimming pool 45 min 150 MAD
- Private Coaching 50 min 350 MAD



BEAUTY CARE

) FACIAL

After a complete cleansing of your skin, we proceed to exfoliating and removing black head, and then we apply a mask followed by face modeling. 50 min 620 MAD

MANICURE

Hands are nourished by modeling which results in a perfect presentation of the nails including a lay out of a base coat. 45 min 250 MAD

> PEDICURE

Feet are nourished by modeling which results in a perfect presentation of the nails including a base coat. 50 min 300 MAD

- NAIL POLISH Nail polish application for hands and feet 15 min 80 MAD
- EYE BROWS OR LIP WAX 20 min 50 MAD
- ARMPITS OR BIKINI WAX 30 min 100 MAD
- BRAZILIAN BIKIN WAX 40 min 150 MAD
- MID LEG WAX 30 min 100 MAD

- FULL LEG WAX 40 min 150 MAD
- HAIR TREATMENT 180 MAD
- SHAMPO / BLOW DRY 120 MAD



OUR ESCAPADES

SIGNATURE THERMALE

1 Thermal Pass

- 1 Night in standard room Half board
- 1 Trilogy treatment «signature» with thermal water
- 1 605 MAD per person in double room
- 2 080 MAD in single room



TEINT CÉLESTINS

1 Thermal Pass 1 Night in standard room half board 1 Mineral 89 face care

- 1 555 MAD per person in double room
- 2 030 MAD in single room



ORIENTAL

1 Thermal pass

- 1 Night in standard room half board
- 1 Escape Hammam
- 1 Radiance Facial Treatment "Richesse d'arganier"
- 2 235 MAD per person in double room
- 2 710 MAD in single room

ÉQUILIBRE

1 Thermal Pass

- 1 Night in standard room Half board
- 1 Massage 50 minutes of your choice
- I Group class of the day
- 1745 MAD per person in double room
- 2 200 MAD in single room



CULTURE AND THERMAL

- 1 Thermal Pass
- 1 Night in standard room Half board
- 1 Back and legs massage
- I Guided visit to Fes
- 1755 MAD per person in double room
- 2 730 MAD in single room



OUR PACKAGES

SERINITY WELLNESS VITALITY SERINITY Thermal pass Thermal pass Thermal pass Hydromassage bath Hydromassage bath Hydromassage bath Water jet shower Water jet shower Water jet shower **Relaxing massage** Bien-etre massage 400 MAD 650 MAD 850 MAD DISCOVERY DAY COCOONING Trilogie of signature treatments Thermal pass Thermal pass Escape Hammam **Balanced** meal Hydration warp "roses de sucre" Mineral 89 face care Relaxing massage 1270 MAD 1650 MAD CHAFIA HAMMAM ANCESTRAL HAMMAM **RELAXATION HAMMAM** Thermal pass Thermal pass Thermal pass Hammam Chafia ritual Hammam Hammam Massage Bien-etre massage 490 MAD 780 MAD 980 MAD THINNESS FLASH OPTIMAL DETOX Ivashi dome Thermal pass lyashi dome Water jet shower Watermass Lymphatic drainage massage Thermal pass 1090 MAD 1030 MAD WELLNESS BREAK 100% THERMAL SWEETNESS VOLCAN

Thermal pass Aquatraining Physical therapy session

600 MAD

Bertollaix Sub-marine shower Lumbar shower Thermal pass

660 MAD

Thermal pass Vichy shower scrub Hot stones massage

990 MAD

OUR PROGRAMMES

ORL THERMAL PROGRAMME

1 Medical consultation + Thermal Pass 1 Tilogy "Signature" with thermal water 4 ORL treatments per day with medical prescription 500 MAD per person per day without accommodations 1 660 MAD per day Half Board Single room 1 235 MAD per person per day Half Board Double room

IDÉAL 12 days PROPOSED FROM 6 DAYS & 6 NICHTS

RHUMATO HEALTH PROGRAMME

- 1 Medical consultation + Thermal Pass
- 1 Trilogy "Signature" with thermal water per day
- 1 Satisform session + 1 Aqua sport class
- I Expert treatment per day
- 1066 MAD per person per day without accommodations 2346 MAD per day Half Board Single room 1871 MAD per person per day Half Board Double room

PROPOSED

FROM 3 DAYS & 3 NICHTS



OUR PROGRAMMES

FULL FORM PROGRAMME

I Medical consultation + Thermal Pass

- 1 Trilogy "Signature" with thermal water per day 1 Expert 50 min massage per day (your choice)
- Progressive and regular Physical activity
- 1 Personal coaching + 2 sessions in Satisform Studio
- 1 388 MAD per person per day without accommodations
- 2 668 MAD per day Half Board Single room
- 2 193 MAD per person per day Half Board Double room



TEINT CÉLESTINS PROGRAMME

- 1 Expert treatment per day Thermal Pass
- 1 Trilogy "Signature" with thermal water per day
- 1 Aquasport session or Fitness per day
- 1 066 MAD per person per day without accommodations
- 2 346 MAD per day Half Board Single room
- 1 871 MAD per person per day Half Board Double room

PROPOSED

FROM 3 DAYS & 3 NIGHTS

KINGDOM'S TREASURES PROGRAMME

- 1 Expert treatment marocMaroc per day + Thermal Pass
- 1 Trilogy "Signature" with thermal water per day
- 1 Quartz Therapy massage
- 1 Aqua-sport group class per day or Fitness class
- 1 633 MAD per person per day without accommodations
- 2 913 MAD per day Half Board Single room
- 2 438 MAD per person per day Half Board Double room



L'Institut



THE MINÉRAL RESTAURANT

With its luminous and refined design, its charming terrace next to the pool, the restaurant offers a reel moment of relaxation. Inside, wood panels cut the space into small areas that allow for more intimacy.

The lighting gives the impression to float above tables, recall the primary theme of the local: water



THE CÉLESTINS BAR LOUNGE

A convivial ambiance, a modern and original design where you can enjoy a large selection of hot and cold beverages, smoothies, and also a chance to discover our healthy cocktails.



ROOMS AND SUITES

- Standard room 31-33 m⊕ Calm and elegant design for a relaxing stay that can accommodate up to two people Starting at 950 MAD
- Superior room 40 m2 Large room that can accommodate a couple and a kid Starting at 1250 MAD

- Suite 63 m ↔ with balcony All the comfort of a suite with big terrace that can accommodate up to 4 people including 2 kids Starting at 2500 MAD
- Deluxe suite 80 m⁴ Comfort and luxury suite that can accommodate up to 4 people including 2 kie Starting at 2500 MAD



CALM, ELEGANCE AND SERENITY

4 star hotel with 100 rooms and suites, situated in the quiet hills of pre Rif. With a typical architecture design that take into consideration the topological characteristics of the place. All the hotel rooms have a balcony with a view of nature. The panoramic view of the subliminal surrounding of the clay hill will certainly bring calm and serenity.

Our Moulay Yacoub hotel offers a modern design with white and light grey colors, inviting light effect for a total relaxation. The furniture combines design and comfort. Finally, you will enjoy top-of-the-line bedding and the comfort of our king-size beds.

Our establishment offers a direct link between the hotel and the thermal spa. You can access our treatment sessions directly from the hotel lobby.

Bathrobes, bath towels and sandals are at your disposal.



PRACTICAL INFORMATION

PACK YOUR BAGS

Bathrobes and bath towels are offered.

Remember to bring your swimsuit, a pair of non-slip sandals (offered for programs with more than 3 days & 3 nights' accommodations), and a complete sportswear in order to benefit from indoor sports facilities.

For your comfort and those around you, please make sure you turn off your phones and keep them in the locker room. Before accessing our swimming pools (indoor and outdoor), a shower is mandatory. In order to respect the intimacy of everyone, nudity is not authorized inside the establishment.

MEDICAL CERTIFICATE AND CONTRAINDICATIONS :

If you do not have a medical certificate or consultation planned with our doctor, please take note and respect the contraindications relating to the thermal water of Moulay Yacoub and Spa activities, which are posted within our establishment.

SCHEDULE OF TREATMENTS AND RESERVATIONS

The indicated time for each treatment is exactly the reel time provided at each session. We recommend you to arrive 15 minutes early before your appointment. Any delay will result in a deduction in the time allotted to your actual session. To choose your treatments, we recommend that you make your reservation in advance. Your reservation is a firm command, if not cancelled within 24 hours; the service shall be paid in full.

Your room or suite is available at 3pm the day of your arrival, the check out is at 12pm the day of your departure. On request, and in addition, you can benefit from a late check out based on availability.



VICHY THERMALIA Spa Hôtel

SHOP

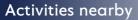
Well-being at the source. Exclusive Vichy Thermalia Spa Hotel Moulay Yacoub.

Products Laboratories Vichy, MoroccanMorocco, Vichy pastilles, Vichy Célestins water, souvenirs of Moulay Yacoub, swimsuits, bathrobes.

Shop open Tuesday to Sunday from 10am to 6pm on the ground floor of Vichy Thermalia spa hotel.

VICHY VICHY





- > Visit of the medina of Fez 30 min away
- > Golf Oued Fès 20 min away
- > Fez Royal Golf Club 45 min away
- > Tennis Fès country club 20 min away
- > Archaeological site of Volubilis
- > Ifrane and the Middle Atlas
- > Meknes and the Vineyards
- > Horse riding, Quad, Excursions











The hotel is open 24 / 24 Thermes & Spa open on Monday afternoon from 14:00 to 18:30 Tuesday to Sunday from 09:00 to 18:30, Friday and Saturday evening until 20:30

Vichy Thermalia Spa Hôtel Moulay Yacoub

BP 2426, Fès principale 36150 Moulay Yacoub +212 (0) 5 35 69 40 64

info.moulay-yacoub@vichythermalia.com



MOULAY VACOUB - FES - MAROC

Compagnie Thermo Médicale de My Yacoub BP 2426 Fès Principale - 36150 Moulay Yacoub - Fès - Maroc COTHERMY S.A. au capital de 115 000 000 Dirhams, RC 48507 Fès - Patente 15110001 - IF 15302617 - ICE 000249361000023